

Teacher's Profile

PERSONAL PROFILE

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| Name | Dr Akhlesh Kumar Bhargava |
| Father's Name | Shri Chiranjeev lal Bhargava |
| Date of Birth | 24th July 1979 |
| Marital Status | Married |
| Nationality | Indian |
| Designation | Associate Professor & HOD, Department of Shalya Tantra |
| Address (Office) | Govt. Autonomous AshtangAyurved College, Lokmanya Nagar, Keshar Bag Road, Indore (M.P.) 452009 |
| Address (Residence) | 566, Somnath avenue , Flat no. 202 , Vigyan Nagar Indore |
| Contact No. | 0731-2472767 (Fax) |
| Mobile | 9039358305 |
| Email | akhlesh.bhargava@yahoo.com |



QUALIFICATION

- B.A.M.S. from Rajasthan University, Jaipur-2003
- MS (Shalya Tantra) Rajasthan University, Jaipur-2008

TEACHING EXPERIENCE

| Name of the Institute | Designation | From | To |
|--|-------------|------------|------------|
| Jammu institute of Ayurveda & Research, jammu | Lecturer | 19-11-2008 | 09-06-2009 |
| Rishikul state PG Ayurved College & hospital, Haridwar | Lecturer | 10-06-2009 | 11-09-2009 |
| Govt. Ashtang Ayurveda College | Lecturer | 12-09-2009 | 24-02-2015 |
| Govt. Ashtang Ayurveda College | Reader | 25-02-2015 | Till date |

PROFESSIONAL PROFILE

- Registration No. 23810 (Rajasthan Ayurvedic, Unani & Prakritik Chikitsa Board)
- Central Council of Indian Medicine Teacher's Code No. (AYST00929)

MEMBERSHIPS

- Life time member of viswa ayurveda parisad –Mem. No. – 09311807
- Member of national integrated medical association indore

PUBLICATIONS

- ✓ Journal Of Ayurveda-National Institute Of Ayurveda * Vol.3rd -2(Apr-June)2009 A Clinical Evaluation Of Madhukadi Taila In The Management of Bhagandara(Fistula- In -Ano)
- ✓ Journal Of Ayurveda-National Institute Of Ayurveda*— Vol. 4th – 4 (Oct-Dec) 2010 Antimicrobial Study Of Shorea Robusta (Shala) W.S.R. About Krimighna Property In Ksharasutra & Other Medicinal Preparation
- ✓ Journal Of Research In Ayurveda And Siddha - (Volume Xxx111 1-, Jan-Dec. 2012) A Clinical Evaluation Of Madhukadi And Jatyadi Taila Along With Standard Kshara-Sutra Therapy In The Management Of Bhagandara (Fistula-In-Ano)
- ✓ Tejas: The Edgy Journal Of Alive Sciences- Issn: 2347-4122 Vol 1, No 2 Oct-Dec (2013): Kshar- Sutra And Arka Ksheera(Calotropis Procera) Treatment In Pilonidal Sinus
- ✓ Innovare Journal Of Ayurved Science Issn:2321-6824 Vol 1, Issue 3 , Oct.2013 A Clinical Evaluation Of Gomutra Kshara Coated Sutra In The Management Of Bhagandara (Fistula- In -Ano)
- ✓ Innovare Journal Of Ayurved Science - Issn:2321-6824 Vol 1, Issue 3 Oct.2013 Antimicrobial Study Of Shorea Robusta (Shala) W.S.R. About Krimighna Property In Kshara Sutra & Other Medicinal Preparation
- ✓ Innovare Journal Of Ayurved Science Issn:2321-6824 Vol 1, Issue 3 , Oct.2013 Hypoplastic Effect Of Prostowin Vati And Vastikarma In The Management Of Benign Prostatic Hyperplasia
- ✓ Innovare Journal Of Ayurved Science - Issn:2321-6824 Vol 1-Issue 2- Aug 2013- A Clinical Evaluation Of Madhukadi And Jatyadi Taila Along With Standard Kshara-Sutra Therapy W.S.R. To Unit Cutting Time In The Management Of Bhagandara (Fistula-In-Ano)
- ✓ Tejas: The Edgy Journal Of Alive Science - Issn:2347-4122 Vol 2, No 1 Jan-Mar (2014) Alzheimer's Disease And It's Ayurvedic Management
- ✓ Tejas: The Edgy Journal Of Alive Sciences Issn:2347-4122 Vol 2, No 1 Jan-Mar (2014) Ancient Ayurvedic Therapy Agnikarma In Corn (Kadar)
- ✓ Tejas: The Edgy Journal Of Alive Sciences - Issn-2347-4122 Vol 2, No 1 Jan-Mar(2014): Cronic Wound Healing By Honey (Madhu)

- ✓ Innoriginal-- Vol. 1 Issue 1st (May-June 2014) A Comparative Study Of Guggulu (Commiphora Mukul) Coated Kshara Sutra And Shala (Shorea Robusta) Coated Kshara Sutra Along With Standard Kshara Sutra In The Management Of Bhagandara W.S.R. U.C.T.
- ✓ Tejas: The Edgy Journal Of Alive Sciences - Vol-2 No.2 (Apr-June 2014) Agnikarma & Januvasti A Combined Therapy In Osteoarthritis (Sandhi-Vata)
- ✓ Tejas: The Edgy Journal Of Alive Sciences- Vol 2, No 3(2014): July – September Jalokavcharna (Leech Therapy)-An Ancient Bloodletting Therapy
- ✓ Tejas: The Edgy Journal Of Alive Sciences- Vol 2, No 3(2014): July – September Clinical Evaluation Of Shvetari Rasa And Aragvadhadya Taila In The Management Of Shvitra Roga With Special Reference To Vitiligo
- ✓ Innovare Journal Of Ayurved Science - Issn:2321-6824 Vol 2-Issue 4- Aug 2014- Ayurvedic medicinal plant –Shala (Shorea Robusta)
- ✓ Aarogya Teerth— Mukhpaak, June 2014-Sep 2014 Year- 5 Aank—3
- ✓ Aarogya Teerth – (Sep.2014-Dec 2014 Year- 5 Aank—4) Arsha me kshare sutra ki upadeyta
- ✓ Aarogya teerth – (Dec..2014-March 2015 Year- 6 Aank—1) Aamvata(Jodo ka dard)
- ✓ Aarogya Teerth – (Sep.2015-Dec 2015 Year- 6 Aank—3-4) Bhagandara me Kshara Sutra
- ✓ Tejas: The Edgy Journal Of Alive Sciences- (Vol. 3 No .2 -2015 April – June) A Review Article About Gandoosha W.S.R. Submucous Fibrosis (Mukh-Paka)
- ✓ Tejas: The Edgy Journal Of Alive Sciences- (Vol. 3 No .2 -2015 April – June) Management Of Malaria (Visham Jwara) According To Ayurvedic Principles W.S.R. Raktamokshana (Blood Letting)
- ✓ Innoriginal-- Vol. 1 Issue 1st (May-June 2014) ISSN: 2349-7041 Ayurvedic drugs used in the preparation of kshare sutra in Ano rectal disorders W.S.R. Piles,Fistula
- ✓ Aarogya Teerth— (June.2016-Sept. 2016 Year- 7 Aank—3) Madmumeha- Kaaran,Lakshana evm Prakaar
- ✓ Aarogya Teerth – (Sep.2016-Dec 2016 Year- 7 Aank-4) Klebyata evm Pourusha granthi – Ek vivechana
- ✓ Viswa Ayurveda Parisa- Varsa 13 , Anka 6, June 2016 (Issn 0976-8300) Effect Of Jalokavcharna (Leech Therapy) And Manashiladi Lepa In The Management Of Indralupta W.S.R. To Alopecia Areata
- ✓ Viswa Ayurveda Parisa- Varsa 13 , Anka 9-10, Sept-Oct 2016 (Issn 0976-8300) A case study- Efficacy of Kampillkaadi lepa and Jatayadi taila in the traumatic wound healing
- ✓ Journal Of Integrated Medicle Association—Vol 45 - Issue No. 8 July 2016 (Issn No. 0377-0621) Guggulu (Commiphora Mukul) Coated Kshara Sutra & Shala Coated Kshara Sutra In Fistula-In-Ano W.S.R. To Pain
- ✓ Aayurveda vikas(Dabur)- varsha 56 ,Anka 04 : April 2017 published Date 03/03/2017 Arsha ki Aayurveda Chikitsaa

- ✓ International journal of Ayurveda orientation –Vol 2,Issue 7(07 ,2017) ISSN: 2456 1800 Effect of Madhukaadi taila and Dasaang lepa in the chronic wound healing
- ✓ Viswa Ayurveda Parisa- Varsa 14 , Anka 8, August2017 (Issn 0976-8300) Effect of Dasaang lepa and Jatayadi taila in the chronic wound healing
- ✓ International journal of Ayurveda orientation –Vol 2,Issue 2(09 ,2017) ISSN: 2456 1800 A Clinical comparative study of guggulu (Commiphora mukul) coated kshara sutra and Shala(Shorea robusta coated kshare sutra in the management of Fistula in ano wsr to UCT
- ✓ Aarogya Teerth– (Sep.2017-Dec.2017 Year- 8 Aank—4) Baalko me hone waali Guda sambandhi bimariyan
- ✓ Medicle news , Nov. 2017 Ghaav kin a kare andekhi , Badkar paida kar sakta hai mushkil
- ✓ Perfect health care Nov. 2017 Effece of madhukadi taila and dasaang lepa in the chronic wound healing
- ✓ Medicle news , Nov. 2017 Baalko me hone waali duda sambandhi bimariyaan
- ✓ Ayurveda vikas – Nov. 2017 Sishugata- Gudagata vyadhiyaan
- ✓ Medicle news , Dec.. 2017 Aids ke prati jagrukta hi bachaav
- ✓ Viswa Ayurveda Parisa- Oct.-Nov.2017(Issn 0976-8300) A clinical study of raktamokshana and jatayadi taila in the chronic wound healing
- ✓ Perfect health care Dec.. 2017 Urotherapry in ayurved—Cow the mother
- ✓ Viswa Ayurveda Parisa- jan..2018(Issn 0976-8300) Fistula in ano (Bhagandara) treated with different kshara sutra wsr to pain
- ✓ Medicle news , Mar.-April 2018 Breast cancer screeninf with Ayurveda
- ✓ Journal Of Integrated Medicle Association—Vol 47 - Issue No. 3 march 2018 (Issn No. 0377-0621) Stan cancer- Ayurvda upchaar, Jaagrukta se bachaav
- ✓ Aarogya Teerth– (Dec..2017-Mar..2018 Year- 9 Aank—1) Vrana chikitsa –Ghaav kin a kare upeksha
- ✓ Viswa Ayurveda Parisa- varsa 15 , Anka 2-3Feb.-march 2018(ISSN 0976-8300) Stan cancer – Ayurveda upchar evm Jagrukta se bachaav
- ✓ Ayurveda mahasammelan patrika, varsa 105 , may. 2018 Ayurveda se stan Arbud ka illaj
- ✓ Perfect health care june.. 2018 Gabhasaya greeva cancer evm Ayurvedic upchaar
- ✓ Perfect health care july. 2018 Ayurveda evm cancer ka kosikiya siddhanta
- ✓ Perfect health care june.. 2018 Maa deti hai janm0 Doctor deta hai punarjanm
- ✓ Chikitsak hota hai niswarth samaj sewak(Doctors day 1 july 2018)

- ✓ Presented a Paper in National Seminar on Recent Research and Development in Ayurveda Paprola (Himachal)- 27th-28th April 07
- ✓ Presented a Paper in the National seminar on Guggulu organized by National Institute of Ayurveda, Jaipur.-17th-19th Nov. 2007 (Best paper presentation award)-17th-19th Nov. 2007
- ✓ Presented a Paper in 3rd World ayurveda congress & Arogya organized by National Institute of Ayurveda, Jaipur.-16-21 Dec. 2008
- ✓ Presented a Paper in National conference on recent advancement in Ayurveda in the management of urinary disorders - A & U Tibbia College New Delhi- 13th-15th Feb.08
- ✓ Presented a Paper in the National seminar on “Nadi pariksha & other diagnostic measure “ in Subhdeep ayurved medical college indore on 10-11 january 2015
- ✓ Presenter a Lecture in Ayurved koshala sivr organized by Viswa ayurveda parisad (Panchkarna and Shalya kriya) on 17-19 Sept. 2016 in indore M.P.
- ✓ Present a lecture in ayurvedic doctors training programme in 2016 w.s.r. anorectal disorders
- ✓ Present a lecture in newly appointed ayurvedic doctors training programme in 2016 w.s.r. Hospital management
- ✓ Present a lecture on viswa ayurveda diwas 2016 (Diabetec wound & management) and getting award by Dabur india Limited
- ✓ Presented a Paper in the National seminar on “New research prospects in Globalisation of Ayurveda “ in Rani dullaiya smriti ayurved P.G. Mahavidyalaya and Chikitsaalaya Bhopal On 29-30 July 2016 On Accidental injuries
- ✓ Present a lecture to medicines distributors in 2016 organised by Himalaya drug company
- ✓ Presented a Paper” Efficacy of Dhanvantar ghrita lepa & Panchvalkal kwath in Diabetic wound healing” in the Inter National Conference on scope and role of ayurveda in the management of Madhumeha and its complication organized by National Institute of Ayurveda, Jaipur.-5-7 february 2017
- ✓ Present a lecture in kshara sutra training programme in Govt, Dhanwantri Ayu. College, Ujjain on 27-29 march 2017
- ✓ Present a paper “Efficacy of madhukaadi taila and panchvalkal tankan kwatha dhawan wsr in post operative Ano rectal wound healing “ in national conference on recent trends in management of Anorectal disorders Nov. 11, 2017 , BHU Varanasi
- ✓ Paper present in nutricon-2018 in Bhopal organized by Deptt. Of Ayush M.P. on 19-20 Jan 2018

- ✓ Present a lecture to newlu appointed doctors training programme in MMM Ayurveda college Udaipur on 01-11-17
- ✓ Predent a lecture in Ayurveda koshlam karyashala in Khargone on 15/10/17
- ✓ Present a lecture in Raktamokshana and panchkarma kaaryashala in Ujjain on 28-30 oct 2017
- ✓ Present a lecture in Ayurveda koshlama kaaryashala in Indore mp on 29 April 2018

CME & ROTP

- ✓ ROTP IN Ksharasutra in R.G. govt. P.G. Ayurvedic college ,Paprola –Himachal Pradesh on 23-28 March 2009
- ✓ ROTP IN A & U Tibbia college & hospital Karol bagh new delhi on 6-11 july 2009
- ✓ ROTP IN Ksharasutra (Shalya tantra) in national institute of ayurveda on 22-27 March 2010

WORKSHOPS

- ✓ Participated in National workshop on" The Coherence of Textual and Prevalent Various of Yogasanas- 1st-2nd March,2001
- ✓ Participated in 2nd Word Ayurveda Congress and Arogya 2006 in Puna (Maharashtra).
- ✓ Participated in "32nd Foundation day Workshop on research methodology N.I.A. Jaipur- 7th-8th Feb,07
- ✓ Vishal Arogya Mela- Ayush 2007 in Udaipur- 22nd-26th Nov.2007 "Lecture on kshara-sutra therapy and consultancy for the disease treated by Agnikarma, Leech therapy, Ksharasutra".
- ✓ Attend weekly surgical camps sponsored by Shalya Tantra Deptt. N.I.A. Jaipur-16/07/07 to 16/08/07
- ✓ Participated in National workshop on Dravyaguna , Gujarat Ayurveda University ,Jamnagar 20-21 July 2005
- ✓ Awarded "Thesis of the year 2008" By Charak Pharma Pvt. LTD. 26th July 2008
- ✓ Participated in 2nd Bhartiya vigyan sammelan & expo in indore m.p. on 1-3 december 2009
- ✓ Common anorectal workshop –problems operative worhshop Pt. khushilal Sharma ayurvedic institute & AIIMS Bhopal (Conclave on fusion methods of Ayurvedic & Modern surgical operative techniques of common anorectal problems on 6-8 september 2013
- ✓ Participated in National workshop on Sushruta samhita organized by pt. dr. Shivsakti lal ayurved college Ratlam (M.P.) and the All India Association Of Faculty Of Ayurveda Samhita Siddhanta AIAFASS on 2-3 may 2015

- ✓ Participated as clinician in National Arogya fare Indore organized by ministry of AYUSH on 7-10 April 2017
- ✓ Coordinator of Shalya tantra training and workshop on 27-28 march 2017 in Gout. Ashtang Ayurveda College indore

SEMINARS

- ✓ National conclave on Role of production & processing of food and medicinal produced in Fostering rural development on 25 June 2007 in Rotary Bhawan, Jaipur (Raj.)
- ✓ State campaign on Excellency of Ksharasutra therapy in Ano-rectal Disorders sponsored by Department of AYUSH, 14th-15thFeb 2008
- ✓ Participated in National Seminar on Recent Advances in Panchakarma, NIA, Jaipur.
- ✓ Participated in National Seminar on Achievements through Pachakarma in clinical management and future prospects, Udaipur, Rajasthan
- ✓ Participated in 5th International Seminar on Ayurveda "Ayurveda Education, Research & Drug Standardization" I.P.G.T. & R.A. Jamnagar- 5th-7th Jan. 06
- ✓ Participated in "Radiation hazards and protection, S.M.S medical college Jaipur - 15th-16th march ,08
- ✓ Participated in " National Conclave on Role of Production and Processing of Food and Medicinal Produces in Fostering Rural Development , Jaipur 25th June 2007
- ✓ Participated in " National symposium on Relevance of Pharmacovigilance for Indian Systems of Medicines, Aligarh ,4th Nov.2006
- ✓ Seminaar in govt. art and science college indore M.P. "Yuva peedi ko nase se bacho " on 21 Feb. 2010
- ✓ National seminar on Role of Ayurveda in creation of disease free society in Gout. Ayurved college Bhopal on 11-12 Sept. 2010
- ✓ National seminar on Congenital deformities causes and its management on 12-13 may 2012 in indore M.P.
- ✓ NIMA ORGANISE state conference On 23 dec. 2012 in S.A.I.M.S. INDORE M.P.
- ✓ Participated in " GPAICON-2016 Silver jubilee conference organized by GPA Indore (m.p.) on 7 Feb 2016
- ✓ Abhighaopachara , National seminar on trauma care in ayurveda in parul university , vadodara Gujrat on 29-30 Dec. 2017

ACHIVEMENTS

- ✓ Awarded "Thesis of the year 2008" By Charak Pharma Pvt. LTD. 26th July 2008
- ✓ Sammaan patra by Dabur india on Raastriya Ayurveda Diwas 28 oct.2016
- ✓ Ayush Manthan Samaan in Sastam akhil bhartiya chikitsaa sammaan samaroha (18-19 march 2017)